



Pav YMCA

# POOL SCHEDULE

(SUBJECT TO CHANGE)

**Spring Session II**  
**4/15/2024-6/9/2024**

OPEN SWIM	
LAP SWIM	
AQ WATER CLASSES	
SWIM LESSONS	
STROKE CLINICS	
POSEIDON SWIM TEAM*	
DJ'S SCUBA	
WSSRA	

\*Starting **Monday, May 6**, the Swim Team will use Lanes 3-6 on the following weekdays that will affect Lap Swim times:  
 -Mondays 4:45-7:30p  
 -Tuesdays 4:45-6:15p  
 -Wednesdays 5:30-7:30p  
 -Thursdays 4:45-6:15p  
 -Fridays 5:30-7:30p

**\*\*Please be kind and respect the privacy and space of others.**

**\*\*We will continue to follow suggested recommendations provided by IDPH and the CDC.**

**\*\*Please be sure to shower before and after using the whirlpool, sauna, and pool. There is a 6 person maximum capacity in the whirlpool and 5 person maximum capacity in the sauna at all times. There is a 20 minute maximum time limit for both amenities.**

We appreciate your cooperation with all policies. The whirlpool, sauna, and pool will close 15 minutes prior to building closure.

**\*Pool closes at:  
 8:45p Mon-Fri  
 & 2:45p Sat-Sun**

	SUN	MON	TUE	WED	THU	FRI	SAT
	Opens 8am	Opens 6am	Opens 6am	Opens 6am	Opens 6am	Opens 6am	Opens 7am
6:00 AM		Open Swim L. 1-2 6a-4p	Open Swim L. 1-2 6-9a	Open Swim L. 1-2 6-9a	Open Swim L. 1-2 6-9a	Open Swim L. 1-2 6a-4p	
6:15 AM		Lap Swim L. 3-6 6a-4p	Lap Swim L. 3-6 6-9a	Lap Swim L. 3-6 6-9a	Lap Swim L. 3-6 6-9a	Lap Swim L. 3-6 6a-5:30p	
6:30 AM							
6:45 AM							
7:00 AM							
7:15 AM							Water Arthritis GX Class L. 1-3 7:15-8a
7:30 AM							Lap Swim L. 4-6 7-8a
7:45 AM							
8:00 AM	Open Swim L. 1-2 8a-12:45p	Lap Swim L. 3-6 8a-12:45p					
8:15 AM							
8:30 AM							Open Swim L. 1-2 8-9:45a
8:45 AM							Lap Swim L. 3-6 8-9:45a
9:00 AM			Water Works GX Class L. 1-4 9-9:45a	Lap Swim L. 5-6 9-9:45a	Water Works GX Class L. 1-4 9-9:45a	Lap Swim L. 5-6 9-9:45a	
9:15 AM							
9:30 AM							
9:45 AM			Open Swim L. 1-2 9:45a-6:30p	Lap Swim L. 3-6 9:45a-6:30p	Open Swim L. 1-2 9:45a-4p	Lap Swim L. 3-6 9:45a-6:15p	
10:00 AM							Swim Lessons All Lanes 9:45a-1:30p
10:15 AM							
10:30 AM							
10:45 AM							
11:00 AM							
11:15 AM							
11:30 AM							
11:45 AM							
12:00 PM							
12:15 PM							
12:30 PM							
12:45 PM	Swim Lessons All Lanes 12:45-2:45p						
1:00 PM							
1:15 PM							
1:30 PM							Open Swim L. 1-2 1:30-2:45p
1:45 PM							Lap Swim L. 3-6 1:30-2:45p
2:00 PM							
2:15 PM							
2:30 PM							
2:45 PM*							
3:00 PM							
3:15 PM							
3:30 PM							
3:45 PM							
4:00 PM		Swim Lessons All Lanes 4-5:30p		Swim Lessons All Lanes 4-5:30p		WSSRA L. 1-3 4-5:30p	
4:15 PM							
4:30 PM							
4:45 PM							
5:00 PM							
5:15 PM							
5:30 PM		Open Swim L. 1-2 5:30-8:45p		Open Swim L. 1-2 5:30-8:45p		Open Swim L. 1-2 5:30-8:45p	
5:45 PM		Lap Swim L. 3-6 5:30-7:30p		Stroke Clinics L. 3-6 5:30-7:30p		Stroke Clinics L. 3-6 5:30-7:30p	
6:00 PM							
6:15 PM							
6:30 PM			Swim Lessons All Lanes 6:30-7:45p		Swim Lessons 6:15-8:15p*		
6:45 PM					*6:15-7:30p - All Lanes; 7:30-8:15p - L. 1-4		
7:00 PM							
7:15 PM							
7:30 PM		Lap Swim L. 3-6 7:30-8:45p	DJ's Scuba L. 5-6 7:30-10:15p				
7:45 PM							
8:00 PM			Open Swim L. 1-2 7:45-8:45p	Lap Swim L. 3-6 7:45-8:45p	Lap Swim L. 3-6 7:30-8:45p		
8:15 PM							
8:30 PM							
8:45 PM*							
9:00 PM							
9:15 PM							
9:30 PM							
9:45 PM							
10:00 PM							
10:15 PM							

	SUN	MON	TUE	WED	THU	FRI	SAT
OPEN SWIM	8a-12:45p	6a-4p/5:30-8:45p	6-9a/9:45a-6:30p/7:45-8:45p	6-9a/9:45a-4p/5:30-8:45p	6-9a/9:45a-6:15p/8:15-8:45p	6a-4p/5:30-8:45p	8-9:45a/1:30-2:45p
LAP SWIM	8a-12:45p	6a-4p/5:30-8:45p	6a-4:30p/7:45-8:45p	6a-4p/7:30-8:45p	6a-6:15p/8:15-8:45p	6a-5:30p/7:30-8:45p	7-9:45a/1:30-2:45p
AQ WATER CLASSES	-	-	9-9:45a	9-9:45a	9-9:45a	-	7:15-8a
SWIM LESSONS	12:45-2:45p	4-5:30p	6:30-7:45p	4-5:30p	6:15-8:15p	-	9:45a-1:30p
STROKE CLINICS	-	-	-	5:30-7:30p	-	5:30-7:30p	-
POSEIDON SWIM TEAM*	-	-	-	-	-	-	-
DJ'S SCUBA	-	7:30-10:15p	-	-	7:45-10:15p	-	-
WSSRA	-	-	-	-	-	4-5:30p	-